

*Songs of a
Transient Traveler*

POEMS AND ESSAYS

MARÍA ALEJANDRA BENAVENT

OTHER BOOKS BY MARÍA ALEJANDRA BENAVENT

IN PRAISE OF LIFE AND LIBERTY:
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*A token of gratitude to my
beloved parents and sister*

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INTRODUCTION:

The Spirit of My Book

Dear Readers,

Our journey begins in wonder. Praising and embracing the beauty we encounter in every natural setting. Rejoicing at the miracles which surround us. Harnessing the power of Nature to heal the soul and nurture the spirit. Cultivating resilience and contentment along the way.

Our steps will further lead to the cosmic dimension of silence. Silence can clear the mind and spark creativity. Yet, in the face of injustice, apathy belies complicity. I have thus taken it upon myself to expose serious harm inflicted on people and the planet.

As we fly on the wings of freedom, we will navigate the sacred realm where basic rights illuminate human and nonhuman lives. The message is crystal clear: living in harmony with the nurturing planet we share is not only a necessity, but also an act of gratitude for the gifts and blessings bestowed upon us. Moreover, lifestyles aligned with Nature can be literally lifesaving.

Transience pervades many aspects of human existence. However, every person has the power to transcend time and space by building legacies of goodness. While hatred erodes the very foundations of survival, the love each and everyone of us pours into the cosmic caudron of the Universe certainly perpetuates Life.

The street cleaner, the painter, the poet, the baker, the policy-maker can heal and improve the world. Every walk of life, every choice we conscientiously make can open up pathways to eternity through the kindness we receive, the kindness we beget.

Love begins at birth and blossoms in the bosom of the family. The practice of reciprocal respect and solidarity should unfold on a daily basis as we interact with members of our community. Depending on our circumstances, we can even move further and take responsibility for the face and fate of the world. Needless to say, our words and deeds can carry precious seeds.

From my heart to yours,

María Alejandra Benavent

Freedom-Loving Birds

*Letters, words,
strings of sacred sounds*

*seek fertile ground
to expose and expound*

*reality as perceived
by the restless mind*

*of a transient traveler
cognizant of the trail*

*individuals
are bound to trace*

*beyond the span and space
fate affords*

*each and every member
of the human race.*



Awakening

Today
the soil was strewn with stars.

Shimmering
in the early morning light,

dandelions danced and swayed
in divine praise of cobalt-blue skies.

A wanderer
in awe of the miracles

the natural world displays
for us to cherish and embrace,